

## **Assessment and Treatment Services:**

*Clinical Psychology Associates of North Central Florida* has been devoted to providing quality consultation, assessment, and psychotherapeutic services to children, adolescents, adults, and families in the North Central Florida area for over 20 years.

We have been proud to provide EAP services for City of Gainesville employees for over a decade and have well established relationships with local hospitals and physicians. Many of our staff served the Florida Psychological Association in leadership roles at the local or state level.

Our practice has a tradition of providing excellence in psychodiagnostic assessment. We believe a thorough review of medical history, social history and current stressors is important in formulating an effective treatment plan. We have staff which has specialty training and practice at all age levels and for a variety of conditions.

Our staff is trained at the doctoral level in psychology. This offers an exceptionally high standard relative to many other mental health practices. We also have a large number of published articles also available on the CPANCF.COM website.

Many of our staff have qualified as experts in neuropsychology, clinical psychology, post-traumatic stress and other conditions in state and federal courts.

Effective Dec. 1, 2011 mental health provider contracts across the state were terminated by BCBS. After that date we will solely be out-of-network for insurance. We will give you codes to bill your insurance. Payment will be due at time of service. Visa, MasterCard and American Express are accepted should you wish to extend you payments.

The following is a list of some of our areas of expertise.

### **Assessment and Therapy**

Psychological assessment involves integrating an understanding of the individual's past and current history, current status, and psychological tests.

- Intellectual Abilities
- Personality
- Depression, Anxiety, and Mood Disorders
- Adjustment
- Learning Disabilities
- Attention
- Memory
- Neuropsychological Functioning
- Career Interests
  
- Adult, Child, Marital, and Family Issues
- Abuse Issues
- Attention-Deficit Hyperactivity Disorder
- Asperger's and Autism Related Disorders
- Verbal and Nonverbal Learning Disorders
- Adjustment to Major Medical Illness
- Adult and Child Pain Disorders
- Eating Disorders / Body Image
- Depression and Anxiety
- Stress Reactions
- Post Traumatic Stress Disorder
- Head Injury and Acquired Brain Dysfunction
- LGBT Issues
- Employee Assistance and Career Issues

### **Individual Psychotherapy and Counseling:**

Psychologists provide a variety of approaches as appropriate to the individual case. Our staff's expertise spans childhood to senior years. Short-term as well as more traditional insight-oriented therapies are available. Eclectic, Psychodynamic, Behavioral, and Cognitive-behavioral approaches are used as appropriate. Stress-management techniques and relaxation techniques are also used as indicated.

### **Marital and Family Therapy:**

Services are offered for marital therapy and enhancement, divorce issues, and referral for family mediation. Note that marital therapy is not a covered service under most insurance plans.

### **Intellectual Assessment and Assessment for Learning Disabilities**

Our neuropsychologists are skilled at assessing a variety of childhood, adolescent, adult and senior difficulties with memory, learning, and attention. Again, please note that IQ and learning disability testing is not covered by most insurance plans.

### **Work stress and Career Counseling:**

Our staff has a great deal of experience in assisting individuals with coping with stress in the workplace or from other services. We also offer career assessment and counseling.

For further information about our staff, articles, or links to helpful sites and community resources visit our website at:

[WWW.CPANCF.COM](http://WWW.CPANCF.COM)



## *Clinical Psychology Associates Of North Central Florida*

- **Ernest J. Bordini, Ph.D., Executive Director, Licensed Psychologist** is a neuropsychologist experienced in assessment and treatment of childhood and adult brain disorders. He is experienced in civil and criminal forensic psychological assessment, and Psychological Independent Medical Examinations.
- **Benjamin Phalin, Ph.D. Licensed Psychologist** – Dr. Phalin is trained in Clinical and Health Psychology and Neuropsychology. He has special interests in ADHD, dementia, head injuries and sports concussions.
- **Angela Allen-Peck, Psy.D Psychology Resident** - specializes in adult and adolescent psychotherapy. Dr. Allen-Peck has expertise in women's issues, resiliency, marital issues, psychiatric disorders, depression, anxiety, and in helping individuals cope and thrive.
- **Amanda, D. Ross, M.A. Psychology Intern** is completing her doctoral studies at the U. of Akron. She has interests in body image, coping with aging, LGBT issues, educational and career counseling.
- **INDEPENDENT PRACTICES ALSO AVAILABLE TO CITY OF GAINESVILLE EAP MEMBERS:**
- **C. Russell Clifton, Ph.D. Licensed Psychologist** is experienced in family, child, and adult therapy and assessment. He is interested in marital and divorce issues.

Call (352) 336-2888 for more information or to schedule an appointment.

***WWW.CPANCF.COM***

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Of North Central Florida  
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## *Clinical Psychology Associates of North Central Florida*



***Psychological and  
Neuropsychological Assessment***

***Psychotherapy and Counseling  
Services***

Offices in Gainesville and Ocala

**WWW.CPANCF.COM**

(352) 336-2888

*Providing Quality Psychological Consultation, Assessment, and Treatment to the North Central Florida Community*